



GENERAL INFORMATION

Iowa Transportation

A shuttle operates between Camp Heritage and Des Moines, IA. Our shuttle loads at the Des Moines Adventist Church (2317 Watrous Ave, Des Moines, IA 50321) on Tuesday morning at 7:00 AM and returns on Sunday afternoon at 12:30 PM. Fares are \$40 each way (\$80 round trip). Space is limited so reservations are required. Other pick-up/drop-off locations along the Hwy 65 or I-35/Hwy 7 corridors may be arranged based on availability.

Activities

Archery, boat rides and tubing, canoeing, ceramics, crafts, fishing, group games, horsemanship, kneeboarding, model rocketry, nature, outdoor survival, recreational basketball, rock climbing/rappelling, swimming, wake boarding, wake surfing, and water skiing are among the activities we offer. The earlier you register, the more likely you will get your first choice!

Attending Multiple Weeks

As long as it is age appropriate, after April 15 at noon we will allow campers to register for multiple weeks of camp. Camp Heritage will not be able to provide supervision of campers between weeks of camp. Parents, or their designees, will need to collect campers and their belongings on Sunday morning and then return them on Tuesday for their new week of camp.

Accommodations

Campers share a cabin with up to seven other campers (five for Cub Camp) and a counselor. Cabins are carpeted and have air conditioning. A bathhouse with bathrooms and showers is located nearby.

Food

Your camper will enjoy three healthy, kid-friendly, vegetarian (meatless) meals each day. Special requests for allergies/intolerances may be accommodated.

Directions and Address

Our camp office is located at: 376 Camp Heritage Road, Climax Springs, MO 65324.

To Register

Go to www.campheritage.org. Click on Summer Camps then click on Registration Instructions for detailed instructions on how to complete the registration process. For assistance, call (573) 345-3760 opt. 3 or email office@campheritage.org.

About Camp Heritage

Camp Heritage is located on the Lake of the Ozarks in central Missouri near the town of Climax Springs. Camp Heritage is a Christian camp, operated by the Iowa-Missouri Conference of Seventh-day Adventists. Registrations are accepted from boys and girls ages 7-17 (18 for DiscipleTrek).

Camp Fees

Fees include lodging, meals, activities, and secondary accident insurance.

Check-In & Pick-Up Times

Check-In: Tuesday from 11:00 AM-12:45 PM
Pick-Up: Sunday from 9:00-10:00 AM

Medical Care

A health professional is on duty 24 hours a day to take care of minor ailments and dispense all medications. They will also provide first aid and/or refer a camper to more advanced medical care as necessary.



WWW.CAMPHERITAGE.ORG



Iowa-Missouri Conference
Camp Heritage
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West Des Moines, IA 50265
Voice (515) 223-1197
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CAMP HERITAGE



2025 SUMMER CAMP



2025 SUMMER CAMP SCHEDULE

Session Name	Date	Ages	Cost
DiscipleTrek Camp	June 8-29	15-18	\$750
Cub Camp	June 10-15	7-9	\$190
Junior Camp 1	June 17-22	10-12	\$190
Junior Camp 2	June 24-29	10-12	\$190
Family Camp	July 1-6	All Ages	\$110-\$190
Teen Camp	July 8-13	13-17	\$210
Teen River Adventure Camp	July 15-20	13-17	\$210



ONLINE REGISTRATION OPENS AT NOON ON APRIL 1, 2025

DiscipleTrek Camp

Ages 15-18

This camp is a three-week journey of discovery. You will examine who God is to us, what we believe as Seventh-day Adventists, and how you can use your story to share His love with others. Join us and explore the incredible biblical truths God has revealed about Himself. You'll also have a chance to develop friendships with other campers and enjoy camp activities such as wakeboarding and rock climbing.

Cub Camp

Ages 7-9

This camp is specially designed for our youngest campers. With an even smaller than normal camper-staff ratio, our caring staff will give extra special attention to each and every camper. As they experience our activities and programs, each camper will be under the supervision of our trained counselors and instructors. Is this your camper's first time away from home, or your first time away from your camper? Cub camp is just for you!



Junior Camps 1 & 2

Ages 10-12

Come experience all the daily camp activities along with classes like archery, horsemanship, and swimming. With great activities, fun classes, and awesome programming, you will have a great time! So bring a friend along, and don't miss out on all the fun! What? You don't think you can fit all that fun into one week? We don't either! After April 15 you can sign up for both weeks of Junior Camp. Sign up for two weeks, and double your fun!



Teen River Adventure Camp

Ages 13-17

Do you want to squeeze a little more excitement into your summer? Come experience Teen River Adventure Camp! Campers will enjoy the exciting Camp Heritage programming they love AND as an added bonus, we will be navigating southern Missouri's world famous Current River on a 2-day rafting trip, a Camp Heritage favorite for nearly 40 years!

Family Camp

All Ages

Make a deposit in your family's treasure box of memories this summer at Family Camp! Awesome activities and great programming await you! Archery and ceramics this morning? No problem! Rock climbing and swimming this afternoon? You got it! A nap instead? Don't tell the staff – they'll want one too! And relax – we even do the dishes! Register early to get your preferred housing type.

Teen Camp

Ages 13-17

This is the camp for teen fun, friendship and adventure. Join us at Camp Heritage for a week of Teen Camp! Come experience camp life firsthand; don't settle for living it through your friend's social media feed later.



FROM THE DIRECTOR



Treat your child to an unforgettable experience this summer — a week of summer camp at Camp Heritage! Give your camper the opportunity to experience physical challenge climbing our rock wall or learning to water ski. Enable them to develop their creative side in crafts, ceramics, and rocketry classes. Introduce them to the great outdoors in our horsemanship, nature, and outdoor survival skills activities. Provide them with nearly 10,000 minutes to build social skills, find encouragement, and grow spiritually, all while being cheered on by young adult role models.

Today's world seems vastly different from the one in which I grew up. Technology has changed the landscape of our lives. And yet, the world in which my kids are growing up is also amazingly similar to the one I experienced. Most, if not all, of the same challenges exist: making friends, discovering who they are, building character, and navigating increasingly larger choices in life are all very real parts of my children's

lives. As the American philosopher, Ferris Bueller, once noted, "Life moves pretty fast. If you don't stop and look around once in a while, you could miss it." We can quickly find ourselves simply reacting to the demands around us, leaving important things undone. This summer our theme is **FIRST THINGS FIRST**. Your campers will be talking about being intentional with their choices, making sure to prioritize the most important parts of their lives, not just being swept along with the crowd.

We are excited to partner with you to provide memories your camper will always treasure! Visit our web site, www.campheritage.org, for full details about our program. Adventures are better when shared with someone else, so, consider inviting a friend to enjoy the experience with your camper. Get ready for the ride of your life!

~Denison Sager, Camp Director

